

# ACADIA CENTER FOR NURSING + REHABILITATION

## Visitors Guidelines Fact Sheet

1. Visitation will be held Monday thru Friday between 1pm – 4pm, Saturday and Sunday from 10am to 11am and 1pm to 3pm for a maximum of thirty (30) minutes. No more than two (2) visitors per resident;
  - a) Visitors shall contact the Admissions Department at extensions 136 or 137 to schedule their visits;
  - b) Visitation hours are by appointment only. A copy of the facility's formal visitation plan is posted on the website and broadcasted via email;
  - c) Limited visitation, including, but not limited to, family members, loved ones, representatives from long-term care ombudsman program (LTCOP).
2. No more than 10 percent (10%) of the residents shall have visitors on any day and only two visitors will be allowed per resident at any one time.

At this time, visitation is strictly prohibited in resident rooms or care areas with the exception of parents and immediate family members visiting a terminally ill resident. Visitors for terminally ill residents do not need to be tested for COVID-19.

For residents who are bed bound, alternative methods of visitation will be used, such as through videoconferencing, through Skype, or FaceTime as much as possible. Limited visitation may be permitted but must adhere to the same requirements for other visitors as much as possible. Visitors should go to the patient room and not any other areas in the facility.

3. Visitation will be limited to outdoor areas, weather permitting, Outdoor visitation will be held in the courtyard patio. Under certain limited circumstances, such as weather conditions, visitation can be inside, in the main dining room with no more than 10 individuals who are appropriately socially distanced and wearing a face covering while in the presence of others.
  - a) Visitors under the age of 18 are allowed but must be accompanied by an adult 18 years of age or older.
  - b) Staff will be present to help with the transporting of residents, monitoring visitation for appropriate infection control and safety and social distancing, and cleaning and disinfecting areas used for visitation after each visit using an EPA-approved disinfectant.
  - c) Visitors are not permitted to bring in items during visitation (i.e. food, beverage, flowers, etc.)
  - d) Except as designated, visitors are not permitted in any other areas of the facility.
  - e) If any visitor fails to adhere to the protocol, he/she/they will be prohibited from visiting for the duration of the COVID-19 state declared public health emergency.
5. Visitors must wear a face mask or face covering which covers both the nose and mouth at all times when on the premises of the nursing home. Residents will be provided a face mask by the facility which must cover both the nose and the mouth during visitation, unless medically contraindicated.
  - a) Each visitor must present a verified negative COVID-19 test result within the last week (7 days). A visitor's failure to present such negative test result documentation will be refused visitation.
  - b) Visitors are screened for signs and symptoms of COVID-19 prior to resident access. Visitation will be refused if the individual(s) exhibits any COVID-19 symptoms or do not pass the screening questions.
  - c) Screening shall consist of both temperature checks and asking screening questions to assess potential exposure to COVID-19 which shall include questions regarding international travel or travel to other states designated under the Commissioner's travel advisory.
  - d) Documentation must include the following for each visitor to the nursing home: first and last name of the visitor; physical (street) address of the visitor; daytime and evening telephone number; date and time of visit; and email address, if available.

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## Visitors Guidelines Fact Sheet cont.

6. The facility will maintain signage regarding face mask utilization and hand hygiene and uses applicable floor markings to cue social distancing delineations.
7. Residents with COVID-19 signs or symptoms, and residents in a 14-day quarantine or observation period are not eligible for visits
8. Facilities will provide alcohol-based hand sanitizer consisting of at least 60 percent (60%) alcohol, to residents, visitors, and representatives of the long-term care ombudsman prior to visiting the residents. Rub hands together using friction.
9. The facility will continue to provide other methods to meet the social and emotional needs of residents, such as video calls and window visits;
10. Specialty practitioners, podiatrist, and dental services may continue with strict adherence to infection control guidelines.